



instant
neighbour

Food required

Please support us in providing basic and much needed food for our Food Bank clients at Christmas

Non-perishable food can be donated at our Instant Neighbour Office at St Machar Drive, or at your office

Please visit our website for suggested donations



sponsored by



Instant Neighbour Aberdeen
Registered charity SC002223

01224 489955

www.instantneighbour.co.uk



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